


Week 5 Breakfast and Lunch Menu



Monday		Tuesday 21-Jan	Wednesday 22-Jan	Thursday 23-Jan	Friday 24-Jan
		Bacon, Egg and Cheese Muffin Sausage, Egg and Cheese Muffin Bacon, Egg and Cheese Bagel Sausage, Egg and Cheese Bagel Assorted Breakfast Pastries Breakfast Potatoes Eggs to Order Belgian Waffle Bar with Toppings	Bacon, Egg and Cheese Muffin Sausage, Egg and Cheese Muffin Bacon, Egg and Cheese Bagel Sausage, Egg and Cheese Bagel Assorted Breakfast Pastries Breakfast Potatoes Eggs to Order Belgian Waffle Bar with Toppings	Bacon, Egg and Cheese Muffin Sausage, Egg and Cheese Muffin Bacon, Egg and Cheese Bagel Sausage, Egg and Cheese Bagel Assorted Breakfast Pastries Breakfast Potatoes Eggs to Order Belgian Waffle Bar with Toppings	Bacon, Egg and Cheese Muffin Sausage, Egg and Cheese Muffin Bacon, Egg and Cheese Bagel Sausage, Egg and Cheese Bagel Assorted Breakfast Pastries Breakfast Potatoes Eggs to Order Belgian Waffle Bar with Toppings
		Bread Bowl Grilled Chicken or Beef Bacon, Cheddar, Peas, Red Pepper Green Onions, Carrots Chicken Supreme or Alfredo Sauce	Big Metz Burger Bar 1/2# Beef Burger Bacon, Fried Egg or Pulled Pork American, Provolone or Pepper jack Cheese Lettuce, Tomato and Onions Shoestring Fries	Stir Fry Bar Chicken, Beef or Shrimp Mushrooms, Peppers, Green Onions, Bok Choy, or Broccoli Stir Fry, Teriyaki or Soy Sauce White or Brown Rice	Nacho Bar Beef Taco Meat or Pulled Pork Nacho Cheese Sauce Shredded Lettuce, Jalapenos, Diced Tomatoes and Black Olives Salsa or Sour Cream Fried Corn Tortillas
		Made to Order Sandwiches- Ham, Turkey, Capicola, Salami, Pepperoni, Pepper jack, Provolone, Swiss, and American Cheeses, Bread, rolls, wraps and Much, Much More	Made to Order Sandwiches- Ham, Turkey, Capicola, Salami, Pepperoni, Pepper jack, Provolone, Swiss, and American Cheeses, Bread, rolls, wraps and Much, Much More	Made to Order Sandwiches- Ham, Turkey, Capicola, Salami, Pepperoni, Pepper jack, Provolone, Swiss, and American Cheeses, Bread, rolls, wraps and Much, Much More	Made to Order Sandwiches- Ham, Turkey, Capicola, Salami, Pepperoni, Pepper jack, Provolone, Swiss, and American Cheeses, Bread, rolls, wraps and Much, Much More
		Carved Ham with Orange Glaze Home Fried Potatoes Green Bean Casserole	BBQ Ribs Collard Greens Macaroni and Cheese Corn Bread National Southern Food Day!	Buttermilk Fried Chicken Mashed Potatoes Stewed Tomatoes	Salmon Cake Rosemary Redskin Potatoes Sautéed Zucchini and Tomatoes
		Cheese Pizza Pepperoni Pizza Sausage and Pepper Pizza	Cheese Pizza Pepperoni Pizza Chicken Alfredo Pizza	Cheese Pizza Pepperoni Pizza Pittsburgh Steak and French Fry Pizza	Cheese Pizza Pepperoni Pizza Porky Pig Pizza (ham, bacon and capicola)
		Specialty Salads, Sandwiches, Wraps and Hoagies Parfaits, Fresh Fruit, Puddings, Yogurts, Vegetables, Snacks and More	Specialty Salads, Sandwiches, Wraps and Hoagies Parfaits, Fresh Fruit, Puddings, Yogurts, Vegetables, Snacks and More	Specialty Salads, Sandwiches, Wraps and Hoagies Parfaits, Fresh Fruit, Puddings, Yogurts, Vegetables, Snacks and More	Specialty Salads, Sandwiches, Wraps and Hoagies Parfaits, Fresh Fruit, Puddings, Yogurts, Vegetables, Snacks and More
		Cheeseburger on a Bun Curly Fries Boneless Chicken Wings 1/4 Pound All Beef Hot Dog	Cheeseburger on a Bun Curly Fries Boneless Chicken Wings 1/4 Pound All Beef Hot Dog	Cheeseburger on a Bun Curly Fries Boneless Chicken Wings 1/4 Pound All Beef Hot Dog	Cheeseburger on a Bun Curly Fries Boneless Chicken Wings 1/4 Pound All Beef Hot Dog
		Jumbo Chocolate Chip Cookie Make your own Milkshake Ice Cream Novelties	Jumbo Chocolate Chip Cookie Make your own Milkshake Ice Cream Novelties	Jumbo Chocolate Chip Cookie Make your own Milkshake Ice Cream novelties	Jumbo Chocolate Chip Cookie Make your own Milkshake Ice Cream Novelties
		Beef Noodle Soup	Broccoli, Bacon and Cheese Soup	Italian Wedding Soup	Shrimp Bisque

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.