



Academic Support Center

Discover Your Learning Style

Each student has different learning preferences and styles that benefit him, including auditory, visual, logical, social, solitary, or tactile. It is not uncommon for students to discover certain learning styles that work best for them or styles that are preferable in certain situations. To get the most out of your time studying, it is very helpful to identify your learning style.

Visual Learning Style

Visual learners better retain information presented in pictures, videos, graphs, and books. These students benefit when information is presented on an overhead projector or white board, on a piece of paper, or in a book. Visual learners often make sure their notes are very detailed and spend extra time reviewing information from textbooks. Visual learners also frequently draw pictures or develop diagrams when trying to comprehend a subject.

Auditory Learning Style

Auditory learners better retain information presented in lectures and public speeches, audio recordings, and other forms of verbal communication. While a visual learner would prefer to read a book or watch a video, auditory learners would prefer to listen to a book or attend a class.

Tactile Learning Style

Tactile Learners retain information best through hands-on participation. These types of students are also known as kinesthetic learners. For example, a tactile learner in an automotive repair class would learn better by working on cars rather than sitting through a class or reading a book. They also excel in classes where students are assigned to study in labs.

Logical Style

Students who excel at math and possess strong logical reasoning skills are usually logical learners. They notice patterns quickly and have a keen ability to link information. Logical learners retain details better by drawing connections after organizing an assortment of information.

Social Style

Social learners usually have excellent written and verbal communication skills. These individuals are at ease speaking with other people and often comprehend their perspectives. Social learners also learn best working with groups and take opportunities to meet individually with teachers.

Solitary Style

Solitary learners usually prefer to work by themselves in private settings. They usually do not rely on others for help when solving a problem or studying.